

REGULAR

IRREGULAR

Phone phoned

play played

dance danced

wait - waited

catch caught

visit visited

speak speaks

cut cut

put put

read read

fly flew

think thought

PAST PROGRESSIVE

The past progressive (or past continuous) is used for actions that were happening at a specific time in the past. Like the present continuous, it is formed with the auxiliary verb "to be" and the verb + ing.

To form the past progressive, the auxiliary verb "to be" and the verb + ing are used. The auxiliary verb "to be" is in the past simple, but keep in mind that "to be" is an irregular verb.

	STRUCTURE	EXAMPLES
AFFIRMATIVE	Sujeto + was / were + verbo (-ing) + (complemento)	When I saw them they were sitting at a café.
NEGATIVE	Sujeto + was / were + not + verbo (-ing) + (complemento)	What did you say? I wasn't listening.
INTERROGATIVE	Was / Were + sujeto + verbo (-ing) + (complemento)?	What were you talking about?