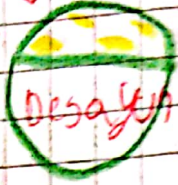
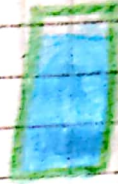


Habitos Saludables

1. 7 Días



2. 6 Días de Agua



3. 5 comidas al día



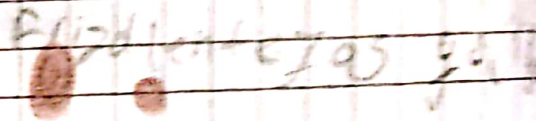
4. Ejercicios



5. 3 Comidas



6. Leguminosas



7. el ojo rosado

