

• Escalate.

## Free Activities.

- 1) Reading a book.
- 2) Playing video games.
- 3) Playing soccer.
- 4) Listening to music.
- 5) Going to the shopping.
- 6) Do the homework.
- 7) Watch TV.
- 8) To make the bed.
- 9) Do personal hygiene.
- 10) Take a break.
- 11) Clean your room.
- 12) Share with family.
- 13) Study correctly.

# 10 point free activities

- Watching cartoons.
- Listening to stories
- Flying kites
- Listening to music
- Playing chess
- Painting a picture.
- Reading comics
- Riding a bike
- Playing basketball
- Playing ping-pong

Alphabet soup

Fishing

Clad

The drums play

Practice languages

Chess play

Collect things

puzzles

make things

Playing guitar

Juggles