



4 Use the correct verbal form in each case. Use the words from the word bank (you may use a verb more than once).

Be - Do - Play - Sleep - Sound - Know - Seem - Listen - Feel

Matt: Hey Finn, how are you today?

Sara: I feel great! Thank you. Hey, do you know José?

Matt: Yes! He seems friendly. are you his friend?

Sara: Yes! We play the same sport and listen to the same music.

Matt: Awesome! Hey, your voice sounds a bit tired. ✓

Sara: Yeah, I am a bit tired. I feel like I don't sleep enough at night.

Matt: Well, sleeping is very important, Matt.

Sara: Yeah, I think you're right. I will start sleeping better!

Matt: Okay, buddy. Goodbye!



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## Reading task

### Speak up!

Adults like to say that the opinions of kids and teenagers don't matter that much. Well, they're wrong! Your opinion is very important and you have the right to say it. If you feel happy, sad or angry, say it! But remember that it is always important to respect the ideas of others.

It is crucial to say what you think and what you feel, because it will make you a unique person, with your own opinions about things. Don't let anybody make you think that your voice can't be heard or listened to.

Take the time to listen to your friends too. The best way of learning about somebody is to listen to what they have to say.

**Remember: Your best weapon is your voice. Use it!**





## Vocabulary

Say = decir

teenager = Adolescente

much = mucho

wrong = equivocado

right = perfecto

always = Siempre

other = otro

will = Voluntad

own = propio

anybody = cualquiera

way = manera

Somebody = alguien



1 In pairs, look at the picture and read the text. Answer the following questions.

a What does she have in her hand? What is it for?

She has a megaphone  
Its for amplify sounds

b What does "your best weapon is your voice" mean?

That is important to say our opinions with respect  
and listen the other person

c Why is it important for you to give your opinion?

because is important that I think and feel

2 Say if these sentences are T (true) or F (false).

- a Adults don't respect the opinion of kids, but respect the opinion of teenagers.
- b Giving your opinion is important, but you also have to respect different opinions.
- c Listening to what other people have to say is important. It will help you to know that person better.
- d It is better if you give your opinion only when you are happy.
- e You have a right to give your opinion.

3 In pairs, answer the following questions.

a Do you usually give your opinion?

yes I usually express my oppinions about  
different Topics with respect



b Do you listen to other people's opinion?

yes I listen the opinions of the others people because they have ideas to express

c What opinions do teenagers have which are usually ignored by adults?

The teenagers feel bad because feel ignored

### Writing Task: A Personal Web Page



1 In pairs, look at the text and make predictions.

- a Who do you think is the author of the text?
- b Who do you think is going to read it?
- c What type of information are you going to find in the text?

**My Life** Home Profile Friends Comments

**Favorite** \_\_\_\_\_  
I listen to many different artists. I don't play the guitar but I sing! My favorite artist is J Balvin and I want to see him live. Post me a message about bands you like!

**Favorite** \_\_\_\_\_  
I really like tennis and basketball and I go swimming every week because it is relaxing. I train every weekend at the park and I have many friends there!

**Favorite** \_\_\_\_\_  
I watch TV every day and my favorite TV show is *Stranger Things*. I don't watch many movies but my favorite one is *Spider-Man: Far From Home*. It's so fun!

**Favorite** \_\_\_\_\_  
I like wearing comfortable clothes. I like to wear jeans and a t-shirt. What clothes do you like to wear? Do you have a style? Send me a message!

**Name:** Dave Stevens  
**Network:** United States  
**Date of Birth:** July 14, 2005  
45 friends  
Send message

2 Read the online profile and complete the section headings in your notebook from the choices in the box below.

Clothes - Music - Sports - Movies/TV Shows